

SHER-I-KASHMIR POLICE ACADEMY UDHAMPUR

Module of the 03days training Programme w.e.f. 05.12.2022 to 07.12.2022 "DEVELOPING GOOD COMMUNICATION SKILL, BEHAVIOUR ATTITUDE AND RESPONSIBILITY TOWARDS GENERAL PUBLIC"

Course -Director: - Sh. Sunmat Gupta , Dy.SP AD (Q) SKPA Udhampur

Course -Secretary:- Sh. Chander Mohan, Inspr. SKPA Udhampur

Venue: Lecture Hall Admn Block

-Day 1 (Monday 05.12.2022)		
0930-1030 hrs	REGISTRATION / INAUGURATION / PHOTGRAPH/TEA	Guest Speakers
1030-1145 hrs	FRAME WORK OF EMOTIONAL INTELLIGENCE -SELF AWARENESS -Emotional self control -Emotional Expression	Ms. Swati Basotra Visiting Faculty IIT Jammu swati.basotra@iitjammu.ac.in Mob. No. 9810881602
1145-1155 hrs	Break	
1155-1300 hrs.	IDENTIFYING NEED FOR SOFT SKILLS/EMOTIONAL INTELLIGENCE IN RELATION TO POLICE PROFESSION	Ms. Swati Basotra Visiting Faculty IIT Jammu swati.basotra@iitjammu.ac.in Mob. No 9810881602
1300 -1400 hrs	Lunch	
1400-1510 hrs	STRESS AND TIME MANAGEMENT FOR SELF LEADERSHIP IN POLICE ORGANIZATION.	Dr Karan Nathwani, Asst Professor, IIT Jammu. karan.nathwani@iitjammu.ac.in Mob. No. 8765155012
1510-1520	Tea Break	
1520-1620 hrs	BEHAVIOR AND ATTITUDE VIZ -A - VIZ MANAGING CHANGE IN POLICE ORGANIZATION.	-do-

Day-2 (Tuesday 06.12.2022)

1000-1120 hrs	SELF AWARENESS, SELF IMPROVEMENT, EFFECTIVE COMMUNICATION AND IMPROVING THE ORGANIZATION PRODUCTIVELY IN POLICE ORGANIZATION	Dr. Vikram Ghulati, Principal Shivalik College of Education Udhampur. Mob. No. 7006012664
1120-1140 hrs	Tea Break	
1140-1300 hrs	ESSENTIALS ROLE AND IMPOTENCE OF COMMUNICATION SKILLS IN POLICING	-do-
1300-1400 hrs	Lunch	
1400-1510 hrs	ROLE OF MEDIA FOR BUILDING BETTER RELATION BETWEEN POLICE AND PUBLIC VIZ-A-VIZ MEDIA AS BRIDGE FOR ADDRESSING ISSUES OF COMMUNITY AND LAW ENFORCEMENT AGENCY	Dr. Mahesh Koul, Post Doctoral Fellow Indian Council of Philosophical Research (ICPR). New Delhi. Asstt. Prof. SKUAST Jammu Mob. No. 94192-22048
1510 to 1520 hrs	Tea Break	
1520-1620 hrs	UNDERSTANDING CORE COMMUNICATION SKILLS	-do-

Day-3 (Wednesday 07.12.2022)

1000-1120 hrs	USE OF INTER PERSONAL SKILLS IN IMPROVING THE POLICE PUBLIC RELATIONSHIP.	Dr. Rashi Taggar, Asstt. Prof. SMVDU <u>Email:-Rashi.taggar@smvdu.ac.in</u> Mob. No. 94191-53939
1120-1140 hrs	Tea Break	
1140-1300 hrs	EFFECTIVE INTER PERSONAL COMMUNICATION (IPC) AND TEAM BUILDING IN POLICE ORGANIZATION	Dr. Rashi Taggar, Asstt.Prof.SMVDU <u>Email: Rashi.taggar@smvdu.ac.in</u> Mob. No. 94191-53939

1300-1400 hrs	Lunch	
1400-1520 hrs Session-III	PROFESSIONAL ETHICS AND HUMAN VALUES WELL BEING BUILDING BONDS COLLABORATION, EMPATHY AND SENSITIVITY IN POLICE ORGANIZATION (I)	DR. MANISHA KOHLI DEPTT. OF PSYCHOLOGY GDC UDHAMPUR E.Mail:- manishakohli77@gmail.com Mob. No. 94198-35582
1520-onword	Feedback/Valediction	

Note:-This programme is subject to change at any time for smooth conduct of the training programme.
Copy to the:-

1. Director SKPA Udhampur for favour of kind information.
2. Dy. Directors (Admn.) /(Outdoor)/ SKPAU, for favour of information.
3. Asstt. Directors (Q)/(Admn.) for information & n/actionj.
4. Coy Commander A Coy IRP-24th Bn for information and necessary action.
5. MTO, SKPAU, for information and with the directions to arrange vehicles for transportation of guest speakers. In case if the additional vehicle required for the transportation of guest faculty he will utilized the vehicle of AD Admn/AD(Q)/ AD (Training/R&D) day wise. This is in reference to SKPA order issued under endstt. No. QB/2022/7770-78/PAU dated 16.04.2022.
6. I/C server Room for information and n/action.
7. I/C GOs Mess/ MDS/RI/LO/MHC/ I/C Hall /I/C Photo Section SKPAU for necessary action.
8. I/C Stationary with the directions to provide all necessary stationary items to the participants during course.


 Dy. Director (Indoor-Trainings)
 S.K Police Academy,
 Udhampur